

Health &

Wellness



Sick Children

Children who suffer from a cough, fever, runny nose, or vomiting should be kept home. Germs spread easily in schools so we ask parents to be mindful of the other staff and students. Additionally, students showing signs of “pink-eye” or other contagious illness should be kept home and the office should be notified immediately.

Maturation Program

At American Heritage of South Jordan, we host a maturation program during the fall for the fourth and fifth grade students. Parents are invited to attend, which helps to start conversations about health, wellness, and maturation. The program is age appropriate and is confined to simply maturation, not sexuality.

Eye Exams

An annual eye exam is offered annually by a local optometrist. This is a basic service and students who need further corrective vision will receive a recommendation letter.

Medications

The school can only administer Tylenol, ibuprofen, and Benedryl (with permission.) All other medications may not be given.