



# American Heritage of South Jordan

## 2020-2021 Back-to-School Procedures Pre-Kindergarten – 12<sup>th</sup> Grade

### Masks/Shields

While cloth face coverings are strongly encouraged to reduce the spread of COVID-19, in some situations, a cloth face covering can make a physical or mental condition worse or be a safety concern.

- When a public state health order is in place, AHSJ staff and students should plan to wear a mask whenever they are in class or in the halls.
- AHSJ offers exemptions from wearing the mask for students and staff but must have an exemption form completed. The forms are located on the Parent Portal. A doctor's exemption form is accepted, as well.
- Exemption forms include medical, mental, and emotional health, as well as other items (skin or lung conditions, anxiety, claustrophobia, etc)
- Elementary students who cannot safely secure their own mask throughout the day should sign an exemption form (especially students in grades PreKindergarten-1<sup>st</sup>)
- Students wearing a mask will be given mask breaks throughout the day and will not be required to wear it at lunch, during recess, or PE.
- Masks should be cleaned often and must be supplied from home.
- Masks may be any color or/pattern. Inappropriate wording or language is not allowed on the masks.

### Hygiene and Sanitation

- All staff and students are expected to wash their hands frequently using proper hand-washing techniques.
- Hand sanitizing stations are located throughout the school and should be utilized before and after lunch, after being outside, and after touching high-frequented surfaces.
- Students will be provided with their own supplies and books.
- Teachers will have sanitation materials for any supplies that are shared between students.
- Our custodial staff will clean and sanitize the building each day, including bathrooms and high-traffic areas.
- Teachers will have materials to sanitize desks and doorknobs in-between sessions and after school.
- Some classes will eat in their classrooms (teacher discretion), while others will eat in the lunchroom. Those meeting in the lunchroom will remain in small groups, practice social distancing, and surfaces will be disinfected before and after each lunch session.

### Health

- Families should plan to conduct a self-check daily before attending school. (See the self-check guide below.)
- Students/staff not feeling well should stay home.
- Temperature checks will be conducted when students/staff first arrive at school. If an individual has a fever of 100.4 or over, they will be sent home, along with members of the same family. (Individuals who frequently get fevers due to asthma, allergies, anxiety, etc., may provide a doctor's note.)
- Students/staff sent home with a fever cannot return to school without being fever free for 24 hours without medicine.

- Students/staff with a positive Covid-19 test must isolate for 14 days at home. (Family members in the same household must quarantine at home for 14 days.)

### **Covid-19**

- If a student or the teacher in a class tests positive, families in that class will be notified.
- Students/staff in the class will do a 14 day 'modified quarantine'. Parents may choose for students to stay home during the 14 days OR
  - Students may continue attending school if they do not have any symptoms of Covid-19 or test positive.
- Some activities or classes may be adjusted if there is a positive case in a class. PE may be cancelled, music class might be more visual or learning rather than singing, etc.
- Students on a modified quarantine (exposed) should not attend after-school sports or activities.

### **Social Distancing**


- A wristband system will be used for students and staff to indicate their level of social comfort during the pandemic. The wristbands are RED (Keeping distance), YELLOW (Okay with talking but not touching), GREEN (Okay with high-fives and hugs). The wristbands will be available a couple of days before school begins, as well as on the first day of school. We ask that each student wear one so all staff and students are aware of each other. Parents with young children we especially ask you to pick out your student's band. Sometimes children are "great with hugs" but parents aren't. We want to be respectful of each family.
- Desks in classrooms will be spread out for social distancing.
- Desks and work stations will face forward to avoid face-to-face contact.
- Signs on the floor in the hallways will indicate which side of the hall to walk on.
- Lockers will not be issued until it is determined we can do so and maintain proper social distancing.
- Music classes are in large classrooms and students will be spread out for social distancing. \*Note: The symphony class will include the advanced orchestra students and ONLY the most advanced band students who continued to practice and turn in assignments last year. This class is a specialized class.
- Chairs in the entry have been removed to reduce gathering.

### **Additional Pre-cautions**

- HVAC systems – AHSJ has in-duct UVC systems, where the UV-C light disinfects the air as it cycles through the return ducts.
- Regular drinking fountains will not be used this year. Instead we have installed automatic water bottle fillers. All students should plan to carry a water bottle to be re-filled throughout the day. (Small cups will be available for emergencies.)
- Recesses will be staggered throughout the day so students stay with their group, rather than mingling with others for recess.
- A new check-in/check-out system is being installed for: all visitors, volunteers, substitute teachers, and late/leaving early students. Details will be coming, but this will make the process in the office quick, as well as help us distinguish who is in the building at any given time.



# AHSJ SELF-SCREENING CHECKLIST

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- Do you have or have you had a fever of 100.4 or above in the past 24 hours?
  - Do you have any of the following new or worsening symptoms or signs?
    - New or worsening dry cough
    - Sore throat
    - Shortness of breath
    - Runny nose, sneezing, or nasal congestion (in absence of an underlying reason for these symptoms such as allergies or postnasal drip)
    - Hoarse voice or difficulty swallowing
    - Difficulty with smelling or tasting
    - Nausea/vomiting, diarrhea, or abdominal pain
    - Unexplained fatigue
    - Chills
    - Headache
  - Have you had close contact with anyone with respiratory illness or with a confirmed or probable case of COVID-19?
  - If so, were you wearing appropriate face coverings and/or socially distanced?
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